



## Mixed Unified doubles

Team consists of one (1) player with a disability and one (1) able-bodied unified partner. Any gender or age (18+) combination is permitted. Competitive tournament divisions include 2.5-3.0 and 3.5+.

Players with a disability are permitted to play either seated or standing.

Anyone with a cognitive or physical disability is encouraged to participate. No documentation required.

The emphasis of the Mixed Unified division is for *meaningful involvement* through competition. All players should be presented with opportunities to contribute to their team's overall performance.

Examples of meaningful involvement **NOT** being followed include:

1. A higher skilled player consistently prevents a lower skilled partner from returning the ball by stepping in front of that player. Or when a higher skilled player takes a noticeable majority of play opportunities away from a lower skilled partner (*unbalanced play opportunities*)
2. A higher skilled player targets a lower skilled opponent with aggressive serves, aggressive return of serves and increases the pace of play towards a lower skilled opponent (*targeting*)
3. A higher skilled player volleying and/or smashing overhead strokes directly towards a lower skilled opponent and/or their adaptive equipment (*targeting*)

## Adaptive Clinic

This opportunity is designed to teach individuals with physical, cognitive, and developmental challenges how to play pickleball. The goal is to introduce the game, improve physical fitness, make new friends, and experience the thrill of competition. Any gender or age (18+) is permitted.

This is a *free* opportunity offered in conjunction by Adaptive Pickleball and Roger C. Peace Rehabilitation Hospital. Clinic registration & more information [HERE](#).